



Wild Omega 3

HELP SUPPORT CARDIOVASCULAR
AND COGNITIVE HEALTH



All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory

Wild Omega 3 Product Line



Wild Omega 3 is an excellent source of fatty acids for the maintenance of good health. Many studies reveal the benefits of supplementing with omega-3 fish oils at every age of adulthood. Wild Omega 3 fish oil helps support cognitive function and cardiovascular health, and helps reduce serum triglycerides. Like cholesterol, triglycerides are a type of fat in the blood that tends to damage the arteries.

Omega-3 fatty acids are a form of polyunsaturated fats, which are important to human health and can only be acquired by dietary means or supplementation. Fish oil is probably the most important dietary source of omega-3 fatty acids. New Roots Herbal uses fish oil sourced from wild sardines and anchovies; these two species are among the richest in omega-3 fatty acids—farm-raised fish have lower levels of omega-3.

New Roots Herbal's Wild Omega 3 line are the ideal supplements to reap the benefits of the omega-3 fatty acids found in the many species of cold-water fish that would be difficult to reach from consumption alone.

You don't like the fishy taste? Try our Wild Omega 3 with natural lemon flavour!

You find our regular softgels hard to swallow? Try our easy-swallow softgels!

180 MG EPA · 120 MG DHA

Each softgel contains:

Fish oil (omega-3 from wild, deep-sea whole sardines [*Sardina pilchardus*] and whole anchovies [*Engraulis encrasicolus*]) 1,000 mg

Providing:

Eicosapentaenoic acid (EPA) 180 mg
Docosahexaenoic acid (DHA) 120 mg

V0062-R1 · NPN 80020862

#1000 (60 softgels) · #1001 (120 softgels) · #1002 (180 softgels)

Other ingredients:

Natural vitamin E (D-*alpha*-tocopherol) (from non-GMO sunflower) in a softgel composed of **bovine** gelatin, glycerin, and purified water.

Directions of use:

Adults: Take 2 softgels twice daily with meals or as directed by your health-care practitioner.

EPA 660 MG · DHA 330 MG

Each softgel contains:

Fish oil (omega-3 fatty acids from wild, deep-sea whole sardines [*Sardina pilchardus*] and whole anchovies [*Engraulis encrasicolus*]) 1,414 mg

Providing:

Eicosapentaenoic acid (EPA) 660 mg
Docosahexaenoic acid (DHA) 330 mg

V0320-R3 · NPN 80009414

#1253 (60 softgels) · #1280 (120 softgels)

Other ingredients:

Natural vitamin E (D-*alpha*-tocopherol) (from non-GMO sunflower) 3.35 mg AT (5 IU)
In a softgel composed of **fish** gelatin, glycerin, and purified water.

Directions of use:

Adults: Take 1 softgel twice daily or as directed by your health-care practitioner.

Wild Omega 3 Product Line



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EPA 660 MG · DHA 330 MG · LEMON FLAVOUR

Each softgel contains:

Fish oil (omega-3 from wild, deep-sea whole sardines [*Sardina pilchardus*] and whole anchovies [*Engraulis encrasicolus*]) 1,414 mg

Providing:

Eicosapentaenoic acid (EPA) 660 mg

Docosahexaenoic acid (DHA) 330 mg

V0411-R3 · NPN 80064643

#2006 (60 softgels) · #2007 (120 softgels)

Other ingredients:

Natural lemon oil and natural vitamin E (D-*alpha*-tocopherol) (from non-GMO sunflower) in a softgel composed of bovine gelatin, glycerin, and purified water.

Directions of use:

Adults: Take 1 softgel twice daily or as directed by your health-care practitioner.

EASY-SWALLOW SIZE

EPA 330 MG · DHA 165 MG · LEMON FLAVOUR

Each softgel contains:

Fish oil (omega-3 from wild, deep-sea whole sardines [*Sardina pilchardus*] and whole anchovies [*Engraulis encrasicolus*]) 750 mg

Providing:

Eicosapentaenoic acid (EPA) 330 mg

Docosahexaenoic acid (DHA) 165 mg

V0608-R2 · NPN 80077104

#2194 (60 softgels)

Other ingredients:

Natural lemon oil and natural vitamin E (D-*alpha*-tocopherol, from non-GMO sunflower) in a softgel composed of bovine gelatin, glycerin, and purified water.

Directions of use:

Adults: Take 2 softgels twice daily with meals or as directed by your health-care practitioner.

Manufactured under strict GMP (Good Manufacturing Practices).

HP1000

